

drug & nutrient interactions

Multiple Sclerosis - Disease Modifying Medications

Drug	Food & Nutrient Interaction	Recommendation
Copaxone® , Glatopa® (glatiramer acetate)	<ul style="list-style-type: none"> • May cause weight gain 	<ul style="list-style-type: none"> • Talk with a registered dietitian about strategies to keep your weight in check.
Ampyra® (dalfampridine)	<ul style="list-style-type: none"> • No known food and drug interactions 	<ul style="list-style-type: none"> • N/A
Avonex® , Refib® (interferon beta-1a)	<ul style="list-style-type: none"> • May interact with alcohol 	<ul style="list-style-type: none"> • Avoid the use of alcohol while taking this drug.
Betaseron® , Extavia® (interferon beta 1-b)	<ul style="list-style-type: none"> • May interact with alcohol 	<ul style="list-style-type: none"> • Avoid the use of alcohol while taking this drug.
Plegridy® (peginterferon beta-1a)	<ul style="list-style-type: none"> • May interact with alcohol 	<ul style="list-style-type: none"> • Avoid the use of alcohol while taking this drug.
Tecfidera® (dimethyl fumarate)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A
Gilenya® (fingolimod)	<ul style="list-style-type: none"> • May cause weight loss 	<ul style="list-style-type: none"> • Talk with a registered dietitian about strategies to maintain your weight and nutritional status.
Aubagio® (teriflunomide)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A
Lemtrada® (alemtuzumab)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A
Novantrone® (mitoxantrone)	<ul style="list-style-type: none"> • May cause loss of appetite • Adequate fluid intake needed due to high uric acid production 	<ul style="list-style-type: none"> • Talk with a registered dietitian about strategies to maintain your weight and nutritional status. • Drink plenty of fluids to increase uric acid excretion.
Tysabri® (natalizumab)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A
Ocrevus® (ocrelizumab)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A