

Dinner

Slow Cooker Chicken

5 Mins Prep Time

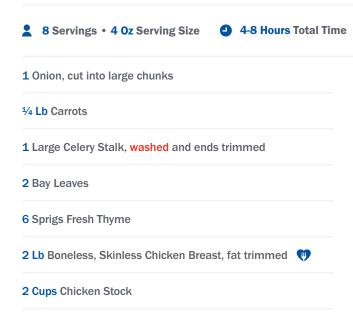
4-8 Hours
Cook Time

8 Servings

123 Calories 3g Fat 1g Carbs 22g Protein



Ingredients



Nourishment Note



○ Allergens: None

Ohicken

Chicken is a lean protein source and may provide your body with the building blocks it needs to build new and healthy cells.



Instructions

1. Wash Hands

Wash hands with soap and water.

2. Prepare Crockpot

Set the slow cooker temperature to high.

3. Add Ingredients & Cook

Add all ingredients and cook for 4 hours.

4. Wash Hands

Wash hands with soap and water.

Recipe created by Meijer Specialty Pharmacy
Registered Dietitians

What You'll Need



Cutting Board



Knife



Slow Cooker

Fatigue Buster

- Omit the vegetables and cook the chicken in 2 cups of chicken stock for minimal food preparation.
- This recipe can also be cooked on "Low Setting" for 8 hours.